

Nutrition Facts

8 servings per container

Serving size

1/4 cup

Amount Per Serving

Calories

40

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0.099g **0%**

Trans Fat 0.001g

Polyunsaturated Fat 0.009g

Monounsaturated Fat 0.029g

Cholesterol 0mg **0%**

Sodium 20mg **1%**

Total Carbohydrate 9g **3%**

Dietary Fiber 2g **7%**

Total Sugars 6g

Includes 2g Added Sugars **4%**

Sugar Alcohol 0g

Protein 2g **4%**

Vitamin D 0.337mcg **2%**

Calcium 71mg **6%**

Iron 0.782mg **4%**

Potassium 178mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.